

**PARCS UPDATE #116** – March, 24, 2020 – This newsletter, titled “*It’s time to stop sending spam*” explains the legal definition of spam, as per Canadian Anti-Spam Legislation. The newsletter tells the 3 rules so that emails are **not** spam – one of which is that there has to be some kind of legal agreement (such as the \$40 membership agreement that PARCS has offered to current non-members).